Bonjour Québec
Kathy Leclerc
Déléguée - Canada | Delegate - Canada

418-953-4332
kleclerc@alliancetouristique.com
https://www.bonjourquebec.com



Abitibi-Témiscamingue - Bienvenue Québec Pre Tour

Oct 14, 2026 - Oct 18, 2026

Bonjour!

Discover the wonders of Québec with this itinerary prepared by the Alliance de l'industrie touristique du Québec, under the Bonjour Québec brand, and its regional partners. It was designed to give you a taste of the wealth of our territory and culture, while allowing you to sample our legendary “joie de vivre” that is sure to seduce you and leave you with lasting memories.

Our partners are looking forward to meeting you. Therefore, we invite you to notify us of any significant delay or cancellation to avoid any inconvenience to the person or company that awaits you.

We wish you a pleasant stay! It’s time to enjoy and discover wherever *Bonjour* takes you!

Information & Documents

Contacts

Tour contacts at your arrival and between each region:

Kathy Leclerc - Bonjour Québec
Delegate, Business Development and Media Relations
E-mail: kleclerc@alliancetouristique.com
Mobile: 418 953-4332

Arianne Daigneault - Bonjour Québec
Logistics Specialist
E-mail: adaigneault@alliancetouristique.com
Mobile: 514 805-1644

Your destination contact:

Audrey-Anne Gauthier - Tourisme Abitibi-Témiscamingue
E-mail: audrey-anne@atrat.org
Mobile: 418 416-0072

Specific needs for your trip

- Credit card for hotel incidentals
- Comfortable walking shoes or sneakers
- Windproof and waterproof jacket, and a sweater
- Hat or cap (for sun protection)
- Sunscreen and sunglasses
- Reusable water bottle
- Phone charger and/or portable power bank
- Bathing suit and sandals (e.g., flip-flops)

URGENCY

In case of flights changes, please contact Arianne Daigneault by text/WhatsApp at 514 805-1644 or by email at adaigneault@alliancetouristique.com

October 14 - Wednesday - Day 1 - Arrival & Abitibi-Témiscamingue

Important information for the participants
To participate in this FAM tour, you must be available for its full duration.

4:00 PM - Eastern Daylight Time
Meeting point for the group at Montréal Pierre-Elliott-Trudeau International Airport (YUL)
Meet your representative at Montréal Pierre-Elliott-Trudeau International Airport, near the Propair check-in counters. Look for a sign with "Pre Tour Bienvenue Québec".

DEPARTURE 6:45 PM - Eastern Daylight Time
Depart from Montréal Pierre-Elliott-Trudeau International Airport (YUL)

AIRLINE	FLIGHT NUMBER
Propair	PP 4810



Montréal-Pierre Elliott Trudeau International Airport (YUL)
975 Roméo-Vachon Blvd N, Dorval, QC, CA, H4Y 1H1
(514) 394-7377

ARRIVAL 8:15 PM - Eastern Daylight Time
Arrive at Rouyn-Noranda Airport (YUY)

AIRLINE	FLIGHT NUMBER
Propair	PP 4810

Meet Audrey-Anne Gauthier, representative for Tourisme Abitibi-Témiscamingue.

Rouyn-Noranda Airport (YUY)
Rouyn, QC, CA

DEPARTURE 8:40 PM - Eastern Daylight Time
Departure for the hotel (20 minutes)
Meet your bus driver and head to Rouyn-Noranda for your first night in Abitibi-Témiscamingue.

CHECK-IN 9:00 PM - Eastern Daylight Time
Check in for 1 night at Le Noranda Hotel & Spa
The Noranda Hotel & Spa features 71 spacious and comfortable rooms, a restaurant serving dishes grilled over maple logs, a state-of-the-art conference center, a spa offering massages and indoor Nordic baths, a modern fitness center, and a warm and dynamic team.

Contact: **Frédéric Arsenault** - General Manager
819 762-2341 ext.7744 | farsenault@lenoranda.com
Social media: FB: @Le Noranda Hôtel & Spa | IG: @hotelnoranda



Le Noranda Hotel & Spa
41 6e Rue, Rouyn-Noranda, Québec, CA
1 866 562-2341

Lunchbox provided for dinner
Take a look in your fridge. You'll find a lunchbox so you can eat and finish your day on a high note. Enjoy your meal!

October 15 - Thursday - Day 2 - Abitibi-Témiscamingue

9:00 AM - Eastern Daylight Time
Welcome brunch
Join Audrey-Anne at the hotel restaurant, Le Cellier.

Mr. Arseneault, the hotel's general manager and president of Tourisme Abitibi-Témiscamingue, will also be in attendance. This will be an opportunity to get to know one another, learn about the region and hear about the upcoming program.

CHECK-OUT 10:30 AM - Eastern Daylight Time
Check out from Le Noranda Hotel & Spa
Please gather all your luggage and bring it to the bus.

DEPARTURE 10:45 AM - Eastern Daylight Time
Walk to the Musée de l'histoire de Rouyn-Noranda
A short 15-minute walk along the Osisko Lake promenade (Direction).



11:00 AM - 1 hr 30 min - Eastern Daylight Time
Guided tour of Musée de l'histoire de Rouyn-Noranda
The Rouyn-Noranda History Museum is a dynamic and community-building institution that brings local history to life by connecting it to social issues. A regional leader in research, conservation, collection development, and cultural outreach, it is the only museum in Rouyn-Noranda to offer historical activities and manage two sites: the Dumulon General Store and St. George's Russian Orthodox Church.

The Museum stands out for its ability to preserve and pass on the memories of those who have lived in the region. Rooted in 20th-century history, the museum highlights Rouyn-Noranda's heritage through exhibitions, educational programs, and outreach initiatives. It builds bridges between generations and communities, fostering a vibrant dialogue between the past and the present.

This morning's guided tour will focus on regional history and the Dumulon General Store, the village's first general store, founded by the Dumulon family in 1924.

Contact: **Vicky Marion-Théberge** - Customer service coordinator
1 819 797-7125 | info@museehrn.ca
Social media: FB: @maisondumulon | IG: @maison.dumulon



Musée de l'histoire de Rouyn-Noranda (en)
191 Avenue du Lac, Rouyn-Noranda, Québec, CA
(819) 797-7125

DEPARTURE 12:30 PM - Eastern Daylight Time
Departure for Val-d'Or (about a 1.5-hour drive)
We will meet the driver in front of the museum to head toward Val-d'Or (Direction).

2:00 PM - Eastern Daylight Time
Lunch on the bus or at the Cité de l'Or

You are, of course, welcome to eat your packed lunches on the bus, but we have set aside 30 minutes for eating on-site at the Cité de l'Or before the tour begins.

2:30 PM - 2 hr 30 min - Eastern Daylight Time

Guided tour of the Cité de l'Or

For 30 years now, the Cité de l'Or has offered an experience found nowhere else: the chance to immerse yourself in the fascinating world of miners of yesteryear by descending 91 meters underground in a mining vehicle into the former Lamaque mine. Guided by passionate experts, you'll explore the underground tunnels and discover the daily lives of miners of yesteryear. The adventure concludes above ground with a visit to two permanent exhibitions.

After the tour, we'll take some time to stroll through the heritage village of Bourlamaque, located just a short walk from the Cité de l'Or.

Contact: **Claude Giguère** - General Manager
1 514 962-3528 | claude.giguere@ville.valdor.qc.ca
Social media: FB: @citedelor | IG: @citedelor_vd



Cité de l'Or
90 Avenue Perrault, Val-d'Or, Québec, CA
1 819 825-1274



Village minier de Bourlamaque
1 855 825-1274

DEPARTURE 5:00 PM - Eastern Daylight Time

Departure for the Alpha Tango Distillery (10-minute drive)

Direction

5:15 PM - 1 hr - Eastern Daylight Time

Visit and spirits tasting at Alpha Tango Distillery

A Unique Signature

Alpha Tango is a father-son duo dedicated to creating unique, premium-quality spirits, both in terms of their brand image and the craftsmanship of their products. They use local ingredients that are still relatively unknown to consumers to offer you a unique experience from the very first sip. From the very beginning, they have been deeply committed to offering products that stand out for their originality and superior quality.

Contact: **Daniel Corriveau** - Co-owner
819 856-4883 | daniel@alphatango.ca
Social media: FB: @Spiriteux Alpha Tango | IG: @alphatango.ca



Alpha Tango
237 7e Rue, Val-d'Or, Québec, CA
819 824-2212

DEPARTURE 6:15 PM - Eastern Daylight Time

Departure for Le Prospecteur Microbrewery (10-minute drive)

Direction

6:30 PM - 1 hr 45 min - Eastern Daylight Time

Dinner at Le Prospecteur Microbrewery

Le Prospecteur Microbrewery in Val-d'Or is a major tourist attraction in Abitibi-Témiscamingue, offering a pub and bistro experience along with sales of regional craft beers, including cider and kombucha. Visitors can enjoy local cuisine, a terrace with a view, and a gift shop. The brewery also serves as a cultural hub, hosting live performances and partnering with local artisans to showcase the region's unique character.

Contact: **Philippe Lord** - President - Owner
philippe@microprospecteur.ca
Social media: FB: @Microbrasserie Le Prospecteur | IG: @micro_le_prospecteur



Microbrasserie Le Prospecteur
585 3e Avenue, Val-d'Or, Québec, CA
819 874-3377

DEPARTURE 8:15 PM - Eastern Daylight Time

Departure for the Quality Inn & Suites (10-minute drive)

Direction

CHECK-IN 8:30 PM - Eastern Daylight Time

Check in for 1 night at the Quality Inn & Suites Val-d'Or

The Quality Inn & Suites, winner of the Choice Hotels Canada Hotel of the Year award, is pleased to welcome you to downtown Val-d'Or. Conveniently located near numerous restaurants and amenities, and just a short distance from the airport and the main tourist attractions of La Vallée-de-l'Or, this hotel is the perfect choice for a vacation or business trip to Abitibi-Témiscamingue.
Complimentary services include a hot breakfast, a 24-hour coffee bar, and access to the fitness center. The hotel also features a self-service laundry facility and two business meeting rooms.



Qualityn Inn & Suite | Val-d'Or (en)
1111 Rue de l'Escale, Val-d'Or, Québec, CA
1-877-474-8884

October 16 - Friday - Day 3 - Abitibi-Témiscamingue

7:30 AM - Eastern Daylight Time
Breakfast at the hotel restaurant
Breakfast will be served in the hotel restaurant. Let's all meet there at 7:30 AM.

CHECK-OUT 8:15 AM - Eastern Daylight Time
Check out from the Quality Inn & Suites de Val-d'Or
Please gather all your luggage and bring it to the bus.

DEPARTURE 8:30 AM - Eastern Daylight Time
Departure for La Station Boréale (15-minute drive)
Direction

9:00 AM - 45 min - Eastern Daylight Time
Tour of the Station Boréale site and meeting with the owner
Meet with Mr Sébastien Richard, the site's owner, for a brief overview of this unique destination in the region.

Station Boréale is a unique lodging concept offering luxury retreats designed to help guests reconnect with nature and themselves. Located in the heart of the Siscoe Golf Club, just ten minutes from Val-d'Or, it features domes that combine cozy comfort with breathtaking views of Lake De Montigny and the surrounding natural landscape. Adapted to Quebec's northern climate, these modern, eco-friendly domes—which can accommodate two to four people—are fully equipped. In both summer and winter, enjoy the lakefront for kayaking, stand-up paddleboarding, snowshoeing, canoeing, cross-country skiing, fishing, and much more.

Contact: **Mr Sébastien Richard** - General Manager, Owner
1 888 400-9437 | sebastien.richard@golfsiscoe.com
Social media: FB: @stationboreale | IG: station_boreale





Station Boréale
472 Chemin Siscoe, Val-d'Or, Québec, CA
1 888-400-9437

DEPARTURE 9:45 AM - Eastern Daylight Time
Departure for Le Refuge Pageau (45-minute drive)
Direction

10:30 AM - 2 hr 30 min - Eastern Daylight Time
Guided tour of the Refuge Pageau
Refuge Pageau is a nonprofit organization that takes in, cares for, and rehabilitates wild animals in need to give them a second chance at life in the wild. When release is not possible, the shelter provides them with a permanent home, while raising public awareness about the richness and fragility of boreal wildlife.

When you visit the refuge, you'll meet the temporary and permanent residents, ranging from red squirrels to gray wolves, from marmots to moose, and from American robins to bald eagles!

Plus, experience one of the fun activities on the Anisipi Water Discovery Trail, an interactive experience that takes us back to our childhood, produced by Moment Factory.

Contact: **Marie-Frédérique Frigon** - Guide and other roles at the Refuge
1 819 732-8999 | m-f@refugepageau.ca
Social media: FB: @Refuge Pageau | IG: @refuge_pageau





Refuge Pageau
Chemin Croteau, Amos, Québec, CA
819 732-8999

1:30 PM - 45 min - Eastern Daylight Time
Lunch at Refuge Pageau
We will eat on site, with a selection of regional specialties to share.

DEPARTURE 2:15 PM - Eastern Daylight Time
Departure for the Aiguebelle National Park (1.5-hour drive)
Direction

3:45 PM - 2 hr 15 min - Eastern Daylight Time
Hike in the Aiguebelle National Park - suspension bridge
A true natural jewel of the Abitibi-Témiscamingue region, Parc national d'Aiguebelle is home to a variety of geological phenomenon with evocative names: giant's kettle, pillow lava...A 22-metre-high suspended walkway offers a thrilling crossing over a gigantic fault. From this vantage point you can admire scenery that has been deeply marked by the work of billions of years. A wide range of discovery activities explore a diversity of wildlife species: moose, beaver, mink, heron and osprey, to name just a few. In winter and summer alike, Parc national d'Aiguebelle is the perfect spot to take your time!

Note: We will be taking a half-hike (Sentier de La Traverse), a round trip to the suspension bridge. The hike will be easier and shorter since it takes place later in the day. We will be accompanied by a naturalist guide.

Contact: **Nancy Deschênes** - Customer service manager
1 819 637-2480, ext.6002 | mayrandayotte.laurence@sepaq.com
Social media: FB: @parcnationalaiguebelle | IG: @parcnationalaiguebelle





Aiguebelle National Park
12373 Rang Hudon, Rouyn-Noranda, Québec, CA

DEPARTURE 6:00 PM - Eastern Daylight Time
Departure for Rouyn-Noranda (about a 1-hour drive)
Direction

CHECK-IN 7:00 PM - Eastern Daylight Time
Check in for 1 night at the Albert Hotel in Rouyn-Noranda
Located among the best restaurants in Abitibi-Témiscamingue and in the heart of Rouyn-Noranda's liveliest neighborhood, the Hôtel Albert invites you to experience the unique vibrancy of our region.

Contact: **Véronique Gabrysz** - Partner | Communications Director
1 819 763-7952 | veronique@g5groupe.ca
Social media: FB: @HotelAlbertRouynNoranda | IG: @hotel-albert-rouyn-noranda



Hôtel Albert
84 Avenue Principale, Rouyn-Noranda, Québec, CA
8190762-3545

7:30 PM - 1 hr 30 min - Eastern Daylight Time
Dinner at Le Pizzé restaurant
Run by lovers of good food and wine, Pizzé offers all-homemade dishes, carefully prepared with high-quality ingredients. With its festive atmosphere, Le Pizzé is the best restaurant to experience the vibrancy of Abitibi-Témiscamingue.

Whether you're here to try our pizzas, pastas, or grilled dishes, our cuisine—which is much more than just Italian—will introduce you to local ingredients.

Pizzé
122 Avenue Principale, Rouyn-Noranda, Québec, CA
1 819 797-4461

October 17 - Saturday - Day 4 - Abitibi-Témiscamingue

7:45 AM - Eastern Daylight Time
Breakfast at the hotel restaurant
Let's get together for breakfast at 7:45 AM.

CHECK-OUT 8:30 AM - Eastern Daylight Time
Check out from Albert Hotel
Please gather all your luggage and bring it to the bus.

DEPARTURE 8:45 AM - Eastern Daylight Time
Departure for T.E. Draper and Gédéon Construction Site in Angliers (about a 1-hour drive)
Direction

10:00 AM - 1 hr 45 min - Eastern Daylight Time
Guided tour of the T.E. Draper and the Gédéon worksite
The T.E. Draper was designated a cultural property in 1979. From 1929 to 1972, it was Canadian International Paper's (C.I.P.) largest lumber tug operating on Lac des Quinze. Climb aboard the tugboat and relive the history of log drivers and log driving in Témiscamingue.

Gedeon worksite is a genuine reconstruction of a lumber camp from the 1930s-1940s. Through its buildings and forest trail, discover the lives of the men who prepared for the log driving season.

Contact: **Mrs. Cathy Fraser** - General manager
1 819 949-4431 | tedraper@hotmail.com
Social media: FB: @tedraperchantiergedeon | IG: @tedraper_chantiergedeon



T.E. Draper | Gedeon worksite EN
14 Rue de la Baie-Miller, Angliers, Québec, CA
1 819 949-4431

DEPARTURE 11:45 AM - Eastern Daylight Time
Departure for L'Eden Rouge Farm (20-minute drive)
Direction

12:15 PM - 1 hr 15 min - Eastern Daylight Time
Lunch at Eden Rouge Farm
L'Éden Rouge is an agrotourism family business that offers the unique concept "from the farmer's fork to your fork" through its online boutique, itsTable Champêtre, its fresh vegetables, its visits to the farm and so much more!

Meet the two owners, mother and daughter, during a gourmet visit and enjoy a meal prepared with products from the garden and products from the region! For a family or school activity, come and taste our products during a visit to the farm. And to stock up on fresh produce and regional delicacies, a stop is essential at our shop located on the main road on the premises of the farm!



L'Éden Rouge
51 Rue Principale Nord, Saint-Bruno-de-Guigues, Québec, CA
819 728-2622

DEPARTURE 1:30 PM - Eastern Daylight Time
Departure for the Chocolat Martine Factory in Ville-Marie (15-minute drive)
Direction

1:45 PM - 45 min - Eastern Daylight Time
Coffee and chocolate break at the Chocolats Martine chocolate shop and small walk
A quick stop at the Chocolats Martine chocolate shop to pick up some delicious chocolates, followed by a short stroll along the marina.





Chocolats Martine
5 Rue Sainte Anne Ouest, Ville-Marie, Québec, CA
1 819 622-0146

DEPARTURE 2:30 PM - Eastern Daylight Time
Departure for Obadjiwan-Fort Témiscamingue historic national site (10-minute drive)
Direction

3:00 PM - 2 hr - Eastern Daylight Time
Guided tour of the Obadjiwan-Fort Témiscamingue National Historic Site
Located in Abitibi-Témiscamingue, the Obadjiwan-Fort-Témiscamingue National Historic Site has been home to Indigenous peoples for some 6,000 years and was the site of commercial rivalries. This former fur trading post lies at the heart of the region's history and is well worth a visit.

Contact: **Ms. Stéphanie Fortin** - Visitor Experience Team Leader
1 819 629-3222 ext.22 | stephanie.fortin@pc.gc.ca
Social media: FB: @LHNauQC | IG: parcs.canada



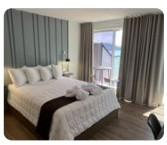
Obadjiwan-Fort-Témiscamingue National Historic Park
834 Chemin du Vieux Fort, Duhamel-Ouest, Québec, CA
1 888 773-3222

DEPARTURE 5:00 PM - Eastern Daylight Time
Departure for La Bannik (5-minute drive)
Direction

CHECK-IN 5:15 PM - Eastern Daylight Time
Check in for 1 night at La Bannik
Located on the outskirts of Fort-Témiscamingue, on the shores of Lake Témiscamingue in Duhamel-Ouest, just a short drive from Ville-Marie-sur-le-Lac, La Bannik is sure to enchant you.

Located 135 km from Rouyn-Noranda, 240 km from Val-d'Or and Amos, and 500 km from Toronto, whether you're looking for a romantic getaway, a family vacation, a trip with friends, or a secluded retreat, one of our luxurious cottages with a spa or sauna is sure to satisfy you. Our campground, one of the most beautiful in Quebec, offers nearly 100 sites for all types of campers.

Contact: **Ms. Claudia Lemire** - General Manager
1 877 322-0922 | dir.generale@bannik.ca
Social media: FB: @labannik | IG: @labannik



La Bannik
862 Chemin du Vieux Fort, Duhamel-Ouest, Québec, CA
1-877-322-0922

6:00 PM - 30 min - Eastern Daylight Time

A short walk at sunset

A short walk through the forest at the Bannik site to reach a breathtaking view of Lake Témiscamingue, with a stunning sunset as a bonus if the weather is nice!

6:30 PM - Eastern Daylight Time

Dinner at Bistro ClauClau, on the La Bannik site

Our last dinner together. We'll be eating at Bistro ClauClau, located on the La Bannik site.

A late-night around the fire, under the stars

For those who still have some energy left, let's enjoy a late-night gathering around the fire, under the starry sky!

October 18 - Sunday - Day 5 - Abitibi-Témiscamingue & Outaouais

7:30 AM - Eastern Daylight Time
Breakfast at La Bannik's bistro

CHECK-OUT 8:00 AM - Eastern Daylight Time
Check out from La Bannik
Check-out and meet the bus driver for departure around 8 a.m.

DEPARTURE 8:00 AM - Eastern Daylight Time
Departure for Opémican National Park, Pointe-Opémican area (about a 1-hour drive)
Direction

9:00 AM - 1 hr - Eastern Daylight Time
A walk in the Opemican National Park
It's difficult to remain unmoved by such an awe-inspiring territory. Bordered on either side by Lac Témiscamingue and Lac Kipawa, Parc national d'Opémican aims to protect a sample of the Southern Laurentians natural region.

This unique place waiting to be discovered is characterized by the dominant presence of tall white and red pines, symbols of the junction between the territory's deciduous and boreal areas. This park has elements essential to the composition of a remarkable landscape: rugged and relatively low topography and many rock walls, which are found mainly along Lac Témiscamingue.

Once there, meet Marissa Briggs, the customer service manager, who will give you an overview of what Opémican National Park has to offer.

Then, we'll take a short 40-minute hike so you can enjoy one last glimpse of the magnificent natural beauty of Abitibi-Témiscamingue.

Contact: **Marissa Briggs** - Customer Service Manager
1 819 627-3551 | Briggs.Marissa@sepaq.com
Social media: FB: @ParcnatioalOpemican | IG: @parcnationalopemican



Pointe-Opemican sector - Opemican national park
5555 Chemin Opémican, Tã©Miscaming, Québec, CA

DEPARTURE 10:00 AM - Eastern Daylight Time
Departure for Outaouais region (Gatineau) and arrival at official Bienvenue Québec hotel (about a 5-hour drive)
Meet the bus driver at 10:00 AM (Direction).

Note: For the trip back, you'll have packed lunches so you can eat on the bus or at a rest stop along the way.



Hilton Lac-Leamy
3 Boulevard du Casino, Gatineau-Ottawa, QC, CA, J8Y 6X4
(819) 790-6444

Thank you for your visit
We hope you enjoyed your tour!

Do not hesitate to share your article and photos on our social media:
FB: tourismequebec | IG: travelinquebecfromabroad **#BonjourQuebec**

And thank you to our partner!

Tourisme Abitibi-Témiscamingue
FB : @Abitibi-Témiscamingue | IG : @abitibi.temiscamingue **#abitibitemiscamingue**



Tourisme Abitibi-Témiscamingue



Bonjour Québec