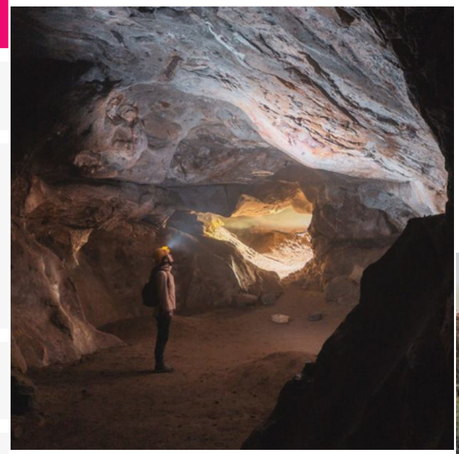
Adventure and Indigenous immersion in the heart of Wakefield

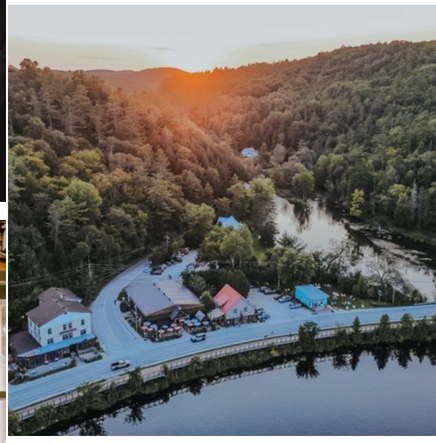
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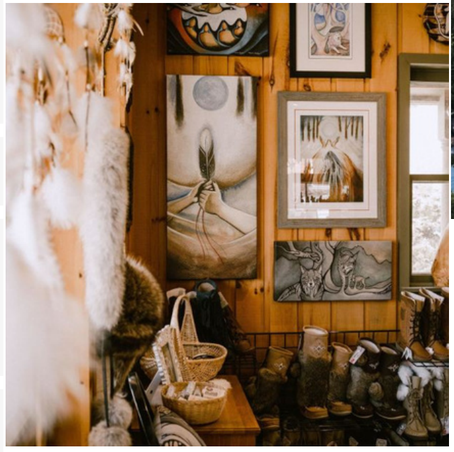
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Enjoy a getaway filled with adrenaline, discoveries and local flavours in the charming village of Wakefield! Begin with a visit to Arbraska Laflèche, where you will explore the largest tourist cave in the Canadian Shield, before enjoying the giant outdoor trampolines of the uplå course for a fun and memorable open-air experience. Continue with a three-course meal at The Village House showcasing regional products. The day concludes at Khewa boutique with an immersive workshop on Indigenous history and cultures. An excursion that brings together adventure, gastronomy and local culture in a picturesque and authentic setting!

October 18, 2026	Places
8:30 a.m.	Departure from the hotel to Arbraska Laflèche (30 minutes – 25 km)
9 a.m. to 12 p.m.	Guided visit of Laflèche Cave and exploration of the uplå net park at Arbraska Laflèche (3 hours) *In the heart of the Val-des-Monts forests, Arbraska Laflèche invites you to enjoy a unique experience where nature and adventure meet. The scenery here is breathtaking: a turquoise lake, lush marsh and dense forest surround you from the moment you arrive. Climb, jump and bounce in the uplå net park. To complete the adventure, go underground to discover the largest tourist cavern on the Canadian Shield.*
12 p.m.	Departure for the restaurant (20 minutes – 16 km)
12:30 p.m. to 1:45 p.m.	Lunch at The Village House (1h15) *Enjoy upscale comfort food in the heart of Wakefield Village at The Village House, a charming restaurant serving a wide variety of tasty dishes.*
1:45 p.m. to 2 p.m.	Walk to the next activity (5-minute walk – 190 metres)
2 p.m. to 3:30 p.m.	Visit and activity at Khewa (1h30) *Khewa is the northern wind that gently guides you back to your traditions. Khewa's mission is to contribute to the economy of First Nations people by promoting Indigenous, Métis and Inuit artists. The boutique and art gallery offers a wide range of creative products, from handcrafted pieces to unique works of art.*
3:30 p.m.	Return to the hotel (24 minutes – 30 km)







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Important information

- Registration deadline: September 4, 2026
- Minimum of 5 participants and maximum of 10 participants per excursion
- Participants must be registered for Bienvenue Québec as buyers with confirmed appointments. Registrations are subject to approval by Outaouais Tourism.
- Excursions will take place rain or shine.
- Itineraries are subject to change without notice.
- A buyer registered for an excursion cannot participate in a pre-tour (schedule conflict).
- The tour will be conducted in both French and English.
- Please inform us in advance of any dietary restrictions, allergies, or intolerances.
- Accessibility and level of effort: excursions may require a certain level of mobility, including walking on trails, uneven surfaces, or stairs. If you have mobility limitations, use a mobility aid (such as a wheelchair, cane, or walker), or have specific needs, please inform us in advance. This will allow us to assess options and, where possible, provide appropriate accommodations or guidance to ensure a safe and comfortable experience.
- Liability: participants take part in excursions at their own risk; the host region cannot be held responsible in the event of an incident.
- Cancellation and refunds: any cancellation must be made before the registration deadline. After this date, no changes or refunds will be possible, except in exceptional circumstances.

What to wear

- Comfortable walking shoes and weather-appropriate clothing — please note that weather conditions can vary significantly at this time of year.

Inclusions

- Admission to the cave tour and access to the uplå experience at Arbraska Laflèche
- Meal (1)
- Snacks
- Bottled water
- Transportation

Not included

- Any items not listed in the “Inclusions” section