

TOURISME / MONTREAL



SUNDAY EXCURSION – October 23

- **Sunday, October 23**
11:00am – 4pm
- **Tours depart from**
Bonaventure Montréal
Hotel lobby
- **Tours offered in English**
- **Transportation provided**
- **Lunch provided**

Discover the *Main*
One of Montréal's
most iconic spots,
Saint-Laurent Boulevard
offers up an effusive,
eclectic and multicultural
mix of things to see and do,
indoors and out, any time of
the day. Which is exactly
why everyone loves
"The Main"!

Tour 3

Join a Foodie Tour of Little Italy with **VDM Global** (2.5 hours + optional activity)

Maximum: 12 participants

This culinary stroll through [Little Italy](#) begins with the Jean-Talon Market. Recognized as the largest open-air market in Canada, this coveted foodie spot is the ideal place to buy local fresh produce. In addition to being charmed by the smells and atmosphere of the market, you'll learn about its history, evolution, and cultural and culinary diversity.

Your guide will lead you through the streets of Little Italy and tell you about Montréal's Italian community, its merchants, and the development of the neighbourhood. Various tastings are on the menu.

About VDM What better way to take a bite out of Montréal than with one of VDM Global DMC's culinary tours, complete with a variety of tastings? Explore Montréal neighbourhoods, meet the locals and get a real taste for this vibrant city as you thread your way through public markets and restaurants, meeting local chefs and owners along the way. VDM Global DMC also plans original group culinary events to suit your budget and requirements.

Optional activity after your tour: Visit the completely renovated [Montréal Insectarium](#). The team at the newly renovated Insectarium de Montréal has created an intimate, multi-sensory tour that takes the public on a journey from empathy to observation, encouraging visitors to redefine their relationship to insects.